

# Kelly Holland

PROFESSIONAL SPEAKER NONPROFIT FOUNDER AUTHOR

#TAP BACK INTO YOUR UNSPEAKABLE JOY



Author of *Hit over the head with #UnspeakableJoy*, Kelly is known for her warm smile and wanting to help others! Nonprofit Founder of L.I.F.E. Academy Inc, Kelly is a Certified Professional L.I.F.E. Coach and Certified Professional Public Speaker. She has coached youth and adults from all walks of L.I.F.E. for over thirteen years. Holding an International Business degree and certificates from Harvard Business School, her education and experience is directly connected to promoting job readiness, financial literacy and L.I.F.E skills.

## Speaking Topics

- Disconnecting your Money from your Emotions
- Finding your Unspeakable Joy
- Self Pity is your Real Enemy

## Enrichment Workshops

- Youth and Adult Financial Literacy Education
- Who,What,Where,When and How to get a Job
- Dressing for Success Really Matters

As seen on:



Book Review



Venessa hunter

5.0 out of 5 starsUnspeakable Joy by Kelly Holland

Verified Purchase

This quick guide to having Unspeakable Joy in your life is phenomenal!!! Any woman or man for that matter who is feeling confused or at a low point in life should read this for uplifting!! Even if you are already happy and living your best life you should still read this book just for a reminder to keep pushing yourself and never give up on or for the things you want out of life! If it had more stars for me to click i definitely would because that's how much this book means to me!!

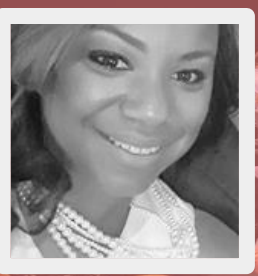
Let's Connect

[Contact@Kelly-Holland.com](mailto:Contact@Kelly-Holland.com)

[www.Kelly-Holland.com](http://www.Kelly-Holland.com)

1.877.782.6102





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PROFESSIONAL SPEAKER · NONPROFIT FOUNDER · AUTHOR

#TAP BACK INTO YOUR UNSPEAKABLE JOY

Contact Kelly llc Presents

Hi there,

By way of introduction my name is Kelly Holland and I am the author of Hit over the head with Unspeakable Joy. This 3-step inspirational e-book is designed to lift you up out of that valley and into your #UnspeakableJoy! As a subject matter expert and a life coach to at-risk youth and adults I can recognize and assist with relationship abuse-an ever-growing problem within the communities we live in.

The most familiar categories of abuse are verbal, physical, mental, economic, sexual, emotional and spiritual among others. I have lived through them all. I survived 17 years of a husband, friends and family devaluing my worth for their personal gain. Now I am devoted to helping others 'Tap back into their Unspeakable Joy' by sharing my experiences, having those hard but necessary talks, providing knowledge, support, encouragement and empowerment.

Finding our inner peace and joy is difficult at best however it can be done! It is my goal to come onto your show and talk briefly about my e-book. More importantly it is my goal to educate the listeners on the signs of abuse, how to cope and bounce back! I'm ready to have the hard talks, let's connect.

*Kelly Holland*

## Possible Interview Questions

1. What motivated you to become an author?
2. Is there anything you find particularly challenging in preparing to write this book?
3. How did you come up with the idea for Hit over the head with Unspeakable Joy?
4. Did you come across any specific challenges in writing Hit over the head with Unspeakable Joy?
5. The book is actually an e-book; why is it so short in length?
6. What would you do differently the next time?
7. Who is your target audience? Who are you addressing with this book?
8. What is the overall message of Hit over the head with Unspeakable Joy?
9. How can listeners purchase a copy of Hit over the head with Unspeakable Joy?
10. What new projects are you working on?
11. How can listeners find you/ What is your contact information?

## Some Past Events

### Speaking

- Positive Power XXI  
Podcast Host
- IHeartRadio-Heaven 600  
Guest/Interviewee
- BMoreRadio Podcast  
Guest/Interviewee
- Network for Teaching Entrepreneurship  
Business Coach,  
Speaker
- Urban Alliance  
Public Speaker coach

### L.I.F.E. Coach

- Junior Achievements & T. Rowe Price  
Financial Educator
- Baltimore County Public Schools  
Financial Educator
- NPower  
Mock Interviewer

### Author

- Amazon KDP E-book  
Hit over the head with Unspeakable Joy

Let's Connect

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[www.Kelly-Holland.com](http://www.Kelly-Holland.com)

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